



# SALAD PLANET

## SALADS & WRAPS

### VALENCIANA / 8,45€

Romain lettuce, cherry tomatoes, boiled egg, tuna, onion, black olives, cucumber

### CAPRESE / 8,45€

Pasta, cherry tomatoes, mozzarella, rocket, green olives, carrot

### CÉSAR / 8,95€

Mixed leaves, cherry tomatoes, parmesan, croutons, chicken

### EXÓTICA / 8,95€

Baby spinach, quinoa, avocado, cherry tomatoes, feta, almonds

### MEXICAN / 10,95€

Brown rice, romaine lettuce, cherry tomato, onion, red beans, avocado, nachos and minced meat.

### POKE / 11,95€

Brown rice, salmon, avocado, sesame, cucumber, onion, pineapple

### PLANET / 10,95€








Pasta, rocket, parmesan, dried tomatoes, apple, smoked salmon

### VEGANA / 8,45€

Quinoa, lentils, broccoli, cherry tomatoes, carrot, tofu, raisins

## DRESSINGS

### CHOOSE YOUR HOMEMADE DRESSING

Greek, Caesar, honey mustard, asian, roquefort, chili (spicy) , pesto , tahini , lime and ginger, mango and passion fruit, jalapeño, olive oil , spicy oil , vinegar , balsamic vinegar 

## CUSTOMIZE YOUR SALAD OR WRAP

2 BASES + 4 BASICS  
+ 2 PREMIUM + 1 DRESSING

### BASES

Brown rice, lamb's lettuce, couscous, chickpeas, romain lettuce, lentils, mixed leaves, pasta, quinoa, rocket, baby spinach

### BASICS

Brocoli, fresh onion, crunchy onion, mushroom, corn, cucumber, red/green pepper, beetroot, cherry tomatoes, black/green olives, carrot, strawberry, apple, pineapple, grape, feta, mozzarella, parmesan, tofu, dried tomatoes, croutons

### PREMIUM

Almonds, chia seeds, walnuts, raisins, sunflower seeds, sesame, avocado (+1,5€), tuna, boiled egg, chicken (+1€), smoked salmon (+2€), raw salmon (+2€), homemade hummus (+1,5€), Heura (+2€)

**8,95€**

EXTRAS: BASICS +0,50€ / PREMIUM +1€ / DRESSING +0,50€

## GET YOUR MENU +3€

Available Monday to Friday till 4:30 pm  
(except bank holidays)

### SALAD OR WRAP

+

### AGUA, COCA-COLA OR NESTEA

+

### COFFEE OR TEA

### HUMMUS / 4,95€

Hummus with carrots and bread sticks

### SOUP OF THE DAY / 4,50€

Let yourself be surprised with our handmade soup

## NATURAL JUICES

ORANGE Fresh Valencian oranges / 3,00€ 

GREEN DETOX Orange, cucumber, apple / 3,95€ 

PIÑA COLADA Orange, pineapple, coconut / 3,95€ 

RED Orange, strawberry, banana / 3,95€ 

DETOX Orange, carrot, beetroot / 3,95€ 

VEGETARIAN  VEGAN 

# BREAKFAST, BRUNCH AND SNACK


9:30 - 12:00


## TOASTS\*

With sourdough bread

Tomato & ham / 3€

Tomato & tuna / 3€

Peanut butter, banana and chia / 3,50€ 

Hand-made hummus, arugula and sesame / 3,50€ 


Avocado, salmon and cheese cream / 4,50€

Tomato & olive oil / 2€


Olive oil / 1,80€ 


Tomato & avocado / 3,50€ 

Tomato, feta cheese and dried tomato / 4,50€ 

Strawberry jam and butter / 3,50€ 

## BOWLS

Açai, granola, strawberries, banana, blueberries and coconut flakes / 5,90€ 

Greek yogurt, muesli, kiwi, almonds, banana and honey / 4,50€ 

## MILKSHAKES

**YELLOW** Milk, banana, cinnamon and chia / 4,20€ 

**RED** Milk, strawberry y banana / 4,20€ 

## ECOLOGICAL COFFEE AND HOT DRINKS\*

Espresso / 1,60€

Decaffeinated coffee / 1,60€

Espresso macchiato / 1,70€

Coffee with milk / 1,80€

Cappuccino / 2,50€

Americano / 1,80€

Bombon / 1,80€

Matcha latte / 2,70€

Chai latte / 2,70€

Glass of milk / 1,90€

Hot chocolate / 2,05€

Carajillo: coffee with liqueur / 2,10€

## TEAS / 1,80€

Pacific fruit infusion, Pu-erth tea, Mint tea, Cinnamon tea, Red fruit infusion, Camomile lemongrass, Earl Grey tea

\*Whole wheat bread +0,20€ / Gluten-free bread +0,50€

\*Coffee with ice +0,10€ / Coffee with a drop of liqueur +0,50€  
Soy, oat or semi lactose milk +0,20€

## SOFTDRINKS

Ecological Kombucha

Komvida / 3,70€

Still Water Solán

de cabras / 2€

Sparling water Perrier / 2,30€

Nestea sugar free / 2€

Coca-Cola / 2€

Coca-Cola Zero / 2€

Fritz-Kola / 2,80€

Fritz-Kola no sugar / 2,80€

Fritz-Kola Orangeade / 2,80€

Fritz-Kola lime / 2,80€

Fritz-Kola rhubarb / 2,80€

## DESSERTS

Oreo Cup

3,50€ 

Cheescacke Cup

3,50€ 

Carrot Cake Cup

3,50€ 

Banoffee Cup

3,50€ 

Vegan Banana Bread

3,80€ 

Carrot Muffin

2,50€ 

Vegan Brownie

3,80€ 

kefir ecological

yoghurt with berries

1,50€ 

Fruit Salad

2,50€ 

## BEERS

**MASCLETÀ 33CL / 3€ **

Craft vegan artisanal beer from Valencia

**MAHOU 0,0 33CL / 2,70€**

**MAHOU RADLER 33CL / 2,70€**

**MAHOU GLUTEN FREE 33CL / 2,80€**

**MAHOU 5 ESTRELLAS 33CL / 2,70€**

## WINE AND LIQUEUR

**GLASS OF RED WINE / 3,50€**

**LIQUEUR GLASS / 5€**

Ron Brugal, Vodka Absolute, Baileys, Ginebra Tanqueray, Whiskie J&B

**BLENDED DRINKS / 7€**

Coco-Cola, Coca-Cola Zero, Fritz Naranja, Schweppes Tónica



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VEGAN 